

Bosque Masía Bellver opens its new season and redefines integral wellbeing on the Mediterranean coast

- This natural retreat between Benicàssim and Oropesa del Mar blends a conscious lifestyle, local produce cuisine and a protected setting facing the sea.
- Far from traditional formats, the space is establishing itself as a meeting point that connects like-minded people through balance and self-care.

Oropesa del Mar (Castellón), 8 June 2026. Bosque Masía Bellver kicks off its new season, consolidating its position as a benchmark for wellbeing and lifestyle. Located right in front of the beach between Benicàssim and Oropesa del Mar, this enclave reinterprets the relationship between nature, body and community through a proposal of active disconnection that goes beyond conventional leisure formats, in a place where the closeness of the sea encourages rest.

Set within Bellver Blue Tech Zone, an ecosystem with which it shares its core values of health and sustainability, Bosque Masía Bellver positions itself as a genuine community of movement. Its central proposal places health, gastronomy and culture as the true pillars of an experience designed to promote a healthy lifestyle where activity, wellbeing and connection with nature are part of everyday life.

Movement, breathing and reconnection: the essence of the Mediterranean

This season's programme carefully weaves together an agenda designed to nourish body and mind. Through an auditorium fully integrated into the Mediterranean woodland, this space will host talks, knowledge-sharing gatherings and cultural sessions, all conceived as integral wellbeing experiences.

Unlike conventional formats, the Bosque Masía Bellver season is defined by a dynamic, constantly evolving programme. The agenda will renew its activities weekly, giving prominence to spontaneity and to direct interaction between audience and speakers.

The initiative aims to strengthen the bond with the community that has supported the project in previous seasons, while opening its doors to new people who share the same philosophy.

Gastronomy plays a fundamental role in this wellbeing setting. With the quality seal of Gastro Masía Bellver, the kitchen pays tribute to its origins with a fresh, Mediterranean menu designed for unhurried sharing. Based on natural, local produce, this culinary experience completes the proposal for an audience seeking to reconnect with its roots.

"We want Bosque Masía Bellver to be a refuge, a meeting point where the Mediterranean setting, calm and personal care coexist organically", explain the Health, Wellbeing and Movement team at Bosque Masía Bellver. "Our goal is to create a community where wellbeing is not an isolated objective, but a



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shared lifestyle in the middle of nature, facing the sea”.

With the season officially open, Bosque Masía Bellver stands out as this year's essential destination for those seeking peace, energy and reconnection in the province of Castellón.